



*Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all comfort.*

*He comforts us in all our affliction, so that we may be able to comfort those who are in any kind of affliction, through the comfort we ourselves receive from God.*

*2 Corinthians 1:3-4 (CSB)*



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## CHUCK MAXWELL



Chuck Maxwell serves as our Aftercare Minister. He has been in ministry for more than 40 years as a local pastor and worship leader. After serving Northbrook Church for 27 years he joined the Arrington team to help with the needs of families and individuals who may need an extra touch following the loss of their loved one. Chuck's genuine faith, warm personality and love for people can be helpful for those processing grief in unique ways.



OUR  
DOOR  
IS STILL  
OPEN

ARRINGTON  
FUNERAL DIRECTORS  
AFTERCARE MINISTRY



## WHAT IS AFTERCARE?

After the funeral or memorial service, which is a first step in the grieving process, the days, weeks, months, sometimes years that follow are often difficult for mourners.

Most people do not need to go through grief alone. And most people do not go it alone because they have a built-in support system of family, friends, or a faith community. Others may benefit from some extra support for a season of grief.

As well, grief comes in as many expressions and experiences as there are grievers.

Arrington Funeral Directors wants to help you “walk through the valley of the shadow of death” should you need that extra support.

# AFTERCARE RESOURCES



Below are some resources available for you in the days ahead. We encourage you to take advantage of the ones that are right for you or your family.

### INDIVIDUAL SUPPORT

Relationships are essential in getting through the days ahead while remaining emotionally stable and healthy. Your pastor, Sunday school or small group leader, or close friends are immensely important and helpful in the days following the loss of your loved one. Don't be afraid to ask them for some time or help in making it through the process. Your friends would love to help when it's time to do things like fill out any paperwork or clean out the closet.

Chuck Maxwell is our Aftercare Minister. He is available for an informal chat over a cup of coffee or a meal. He is also able to recommend professional grief counseling if needed. Contact Chuck here: [cmaxwell@afgemail.net](mailto:cmaxwell@afgemail.net) or call 731-668-1111, and he will be in touch soon.

### GROUP SUPPORT

GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. It is a non-denominational, biblically-based support program. Each gathering features a video seminar and small group discussion. Each person is also given a workbook for journaling and study exercises. You'll gain access to valuable GriefShare resources to help you recover from your loss and look forward in rebuilding your life.

Several churches in the Jackson area offer GriefShare groups. Visit [griefshare.org](http://griefshare.org) to find the group that works for you.

### ONLINE RESOURCES

The following websites have excellent material available for all types of grief. Some material is free and some can be purchased.

- [arringtonfuneralgroup.com](http://arringtonfuneralgroup.com) (grief support resources)
- [griefshare.org](http://griefshare.org)
- [centerforloss.com](http://centerforloss.com)
- [Heartlightcenter.org](http://Heartlightcenter.org)
- [whatsyourgrief.com](http://whatsyourgrief.com)

